
CAFÉ 1

LUNCH MENU

STARTERS

MINISTRONE

With sourdough bread/brown bread
€5.50
(1,14 wheat)

STICKY CHICKEN

With asian slaw, lime and coconut yoghurt
€9
(2,14(wheat)3,15)

BRUSHETTA

Marinated vine cherry tomatoes avocado,garlic sourdough toast /€8
1,11,4,14(wheat)

SANDWICHES

CHICKEN

Ciabatta,relish,mayo stuffing,crispy bacon, romaine /

€10
1,14(wheat)11,15

PHILLY

CHEESESTEAK
Soft roll,monteray jack cheese , onions, peppers,pickles mustard,mayo,/ €12.

1,11,9,15,14(wheat)

SPICY

HALLOUMI
Sourdough,beetroot avocado sweet chilli,rocket tomatoes, cucumber/€10
1,14(wheat)

PASTA

LINGUINE PASTA

Peas,asparagus,courgette,basil,gorgonzola, pine nuts./
€11.95
1,11,14(wheat)

SPAGHETTI

BOLOGNESE

Angus beef,marzano tomatoes,oregano, basil , parmesan /
€11.95
1,11,14(wheat)

CARBONARA

Cream, smoked bacon ,penne parmesan /
€11.95
1,11,14(wheat)

SALADS

FALAFEL SALAD

Cous cous,quinoa,roasted veg apricots,beetroot, tzatziki, baby spinach, pumpkin seeds,pomegranate/€12
1,14(wheat)

CAESAR SALAD

Romaine lettuce, crispy bacon, pine nuts,sourdough croute ,parmesan€10
1,5,11,14(wheat)

STICKY CHICKEN SALAD

Kohlrabi and carrot slaw ,chillis,onion romaine lettuce ,toasted cashews, coconut & lime yoghurt/€14
3,2,14,7(cashew)14(wheat)

FLAT BREAD

GOATS CHEESE

CHORIZO

Sun dried tomatoes, basil oil,toasted almonds ,rocket/€11
1,14(wheat)7 (almond)

FALAFEL

Beetroot hummus, ,roast veg, rocket cherry tomatoes, cucumber,harissa yoghurt
€11
1,14(wheat)

ALLERGENS

Milk 1, soya 2,sesame 3,crustaceans 4,fish 5,peanuts 6, nuts 7,celery 8,mustard 9,sulphites 10,egg 11,lupin 12,molluscs 13,cereals 14,